



Annual Planning (Academic Year 2023-24)

To
The principal
Shivaji College, Hingoli

Date: - 01/08/23

Subject:- To Accept the **Annual Planning** of Academic Year 2023-24


Dear Sir,

As per the subject and reference I herewith submit the tentative plan of the annual activities going to be undertaken for the **Academic year 2023-24** as per direction received. With the above planner I expect economic assistance from you whenever needed. The other concerned activities for inclusion of stakeholders will be added if possible in the same academic year. I request you to accept the annual planning and oblige.

Thank you.

Regards


Principal
Shivaji College, Hingoli
Tq, Dist. Hingoli (MS)


Dr. Sherkar S.T.
Assistant Professor
Head. Department of Psychology

Enclosures

1. Annual activities Planning of Psychology department
2. Annual activities Planning of Debate and Elocution Committee





SHIVAJI COLLEGE HINGOLI

Deptt. Of Psychology

Teaching Plan:- 2023-24

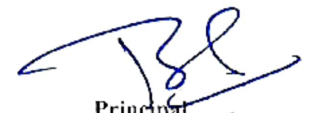
Class :- B.A.F.Y.(Paper II- Basic Concept social Psychology)

Semi - I

Months	Topic / chapters	Periods	Remark
July	Unit – I– SOCIAL PSYCHOLOGY a) Social psychology: What it is and what it does? b) Social psychology: its cutting edge	06	
August	c) A Brief look at history : The origins and early development of social psychology d) How social psychologist answer the fascinating questions they Raise: Research as the route to increased UNIT-II–SOCIAL PERCEPTION a) Non- verbal communication : The unspoken language of expression gazes and gestures b) Attribution : Understanding the causes of others Behavior c) Impression formation and impression management: Combining information about others.	12	
September	Taking assignment UNIT-III – THE SELF a) Self Perception : Managing the self in different social contexts b) Self- knowledge- How do we know who we are? c) Thinking about the self: Personal versus social identity d) Self- Esteem-: Attitudes towards ourselves e) Social comparison : How we evaluate ourselves	12	
October	UNIT-IV –ATTITUDES a) Attitude formation : How attitude develop b) When and why do attitude influence behavior? c) How do attitude guide behavior d) Change in attitudes towards the environment: The unique case of the chipko Movemen	12	
November	e) Cognitive Dissonance: What it is and how do we manage it?	03	
Total periods - 45			

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Teaching Plan:- 2023-2024

Class :- B.A.F.Y.(Paper IV)- Social Psychology) Semi-II

Months	Topic / chapters	Periods	Remark
December	UNIT- I- STEROTYPING, PREJUDICE AND DISCRINATION a) How members of different groups perceive inequality b) The nature and origins of stereotyping c) The nature and power of prejudice d) Prejudice and discrimination : Feeling and actions towards social groups e) Why prejudice is not inevitable: Techniques for countering its effects.	09	
January	Unit-I AGGRESSION a. What is aggression? b. Perspective on aggression : In search of the roots of violence c. Causes of human aggression: Social, cultural, personal and situational d. Aggression in ongoing relationship : Bullying and aggression at work e. The prevention and control of aggression : Some of useful techniques	12	
February	Unit- III- INTERPERSONAL ATTRACTION AND COLOSE RELATIONSHIP a. Internal determination of attraction: The need to affiliate and the basic role of affect. b. External determination of attraction: Proximity and others: observable characteristics c. Factors based on interacting with others: Similarity and mutual linking d. Close relationship : Family, friends, lovers and spouses e. Interdependent relationships: Family and friends.	12	
March	UNIT-IV- APPLICATION OF SOCIAL PSYCHOLOGY a. Social psychology and the legal system b. Social psychology and health c. Social psychology and the world of work	12	
April	Annual examination		
		Total periods - 45	

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Teaching Plan:- 2023-2024

Class :- B.A.SY Y.(Paper VII- (Psychological Testing & StatisticPart-1) Semi-III

Months	Topic / chapter	Periods	Remark
July	UNIT-I- USES AND IMPLICATIONS OF PSYCHOLOGICAL TESTING i) Functions of psychological Tests ii) Nature of a psychological Test iii) Controlling the use of Tests iv) Test administration v) Examiner and situational variables	02	
August	vi) Effect of training on Test performance vii) Social and ethical implication of Testing viii) Test Anxiety and Rapport ix) Types of psychological Tests UNIT-II- ITEM ANALYSIS i) Item difficulty ii) Item discrimination iii) Indices of item discrimination iv) Item response theory	08	
September	v) Item analysis of speeded tests vi) Cross validation vii) Item-by-group interaction UNIT -III- FREQUENCY DISTRIBUTIONS i) Measurement in general ii) Need for grouping iii) Preparation of a frequency table iv) Graphic representations of the frequency distribution	10	
October	(a) Histogram (b) Frequency Polygon c) Smoothing a polygon i) Mean ii) Computation of the mean UNIT -IV- MEASURES OF CENTRAL TENDENCY (a) The long method and (b) The short or assumed mean method iii) Median and its computation iv) Mode v) Uses of various measures of central tendency	10	
Total periods - 30			

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SHIVAJI COLLEGE HINGOLI

Teaching Plan:- 2023-2024

Class:- B.A.S.Y Y.(Paper IX- (Psychological Testing & Statistic-Part -II) Semi-III

Months	Topic / chapters	Periods	Remark
November	UNIT- I- RELIABILITY OF PSYCHOLOGICAL TEST i) Definition ii) The correlation coefficient iii) Types of reliability:	08	
December	iv) Test-retest reliability (a) Parallel from reliability (b) Split-half reliability (c) Inter-item consistency v) Scorer reliability vi) Reliability of speeded tests vii) Factors affecting reliability coefficients viii) Standard error of measurement ix) Reliability of criterion-referenced tests	08	
January	UNIT -II- VALIDITY OF PSYCHOLOGICAL TESTS i) Meaning of validity ii) Types of validity (a) Content validation (b) Criterion-related validation (c) Construct validation iii) Comparison of validation procedures iv) Validity	07	
February	UNIT -III - MEASURES OF VARIABILITY i) Range ii) Quartile deviation iii) Average deviation iv) Standard deviation v) Uses of the various measures of variability	07	
March	UNIT-IV- MEASURES OF ASSOCIATION i) Meaning and types of coefficient of correlation. ii) Rank Difference Correlation. iii) Product Moment Correlation (Ungrouped)	30	
Total periods -		30	

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SHIVAJI COLLEGE HINGOLI

Teaching Plan:- 2023-2024

(Paper -I- SEC-Applied Psychology)

Semi- III

Class: - B.A. S.Y.

Months	Topic / chapters	Periods	Remark
July	Unit – I- Developing an assertive communication (a) The nature of assertiveness (b) Steps in assertiveness training (C)Application:-Measurement of Assertiveness	10	
August	Unit -II-Overcoming loneliness. (a) The nature of loneliness (b) Prevalence of loneliness (c) The roots of loneliness (d) Correlates of loneliness (e) Application :- Measurement of Loneness	13	
September and October	Unit –III-Understanding intimate violence (a) Partner abuse (b) Child abuse (c) Application :- Measurement of Aggression Taking <u>First</u> Psychological test	10	
November and December	Unit – II -Getting ahead in the job game (a) Putting together a resume (b) Finding companies you want to work for (c) Landing an interview (d) Polishing your interview technique (e) Application :- Measurement of Job Satisfaction Taking <u>Second</u> Psychological test and Taking seminar	12	
Total periods - 45			

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SHIVAJI COLLEGE HINGOLI

Teaching Plan:- 2023-2024

Class: - B.A. S.Y.

(Paper -II- SEC-Applied Psychology)

Semi-iv

Months	Topic / chapters	Periods	Remark
July	Unit – I- Building self esteem a. Recognize that you control yours self- image b. Don't let others set your goals c. Recognize unrealistic goals d. Modify negative self-talk e. Emphasize your strengths f. Application Measurement of self- esteem	10	
August	Unit – II- Monitoring your self a. Problem with the SRRS b. The life experiences survey c. A cautionary note d. Application: Measurement of stress	13	
September	Unit – III-Achievement self- control a. Specifying your target behavior b. Gathering baseline data c. Designing your program d. Executing and evaluation your program e. Ending your program f. Application: Measurement of self- concept Taking <u>First</u> Psychological test	10	
October & November	Unit – IV- Understanding the effects of drugs a. Drug- related concepts b. Narcotics c. Stimulants d. Hallucinogens e. Application: Measurement of Anxiety Taking <u>Second</u> Psychological test and Taking seminar	12	
		Total periods - 45	

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Teaching Plan:- 2023-2024

Class: - B.A.S.Y.(Paper X -Psychology Practical)

Months	Psychological tests	Periods	Remark
July	Verbal Test of intelligence.	08	
August	Performance Test of intelligence. Vocational Interest record.	16	
September	Vocational Interest record.	16	
October	Study Habit Inventory. Test study habits and Attitudes. Taking Seminar for Practical internal 10 Marks.	16	
November	Educational Interest Record.	16	
December	Dimensional Personality Inventory. Vocational Interest Record	16	
January & February	Self concept questioner. Self actualization Inventory.	16	
March	Taking Group Discussion for Practical internal 10 Marks. Attitude scale towards education. A New Test of values.	16	
Arial	Practical Examination	Total period - 120	

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Teaching Plan:- 2023-2024

Class: - B.A.T.Y.(Paper Paper XI – Abnormal Psychology)

Semi -

V

Months	Topic / chapters	Periods	Remark
July	Unit – I – Abnormal Behaviour in our Times What do we mean by abnormal behaviour? Dilemmas of Definition – Mental Disorders as Maladaptive behaviours - classifying abnormal behaviour –	08	
August	DSM classification of Mental Disorders – The problem of Labelling – Unresolved issues on classification Unit –II – Causal Factors and Viewpoints in Abnormal Psychology What causes Abnormal Behaviour? Necessary, sufficient and contributory causes – Diathesis – Stress models – The Biological viewpoints -	12	
September	Biological causal factors – The Psychosocial viewpoints – Psychosocial causal factors – The Socio-cultural viewpoint, Socio-cultural causal factors. Unit – III – Panic, Anxiety and their Disorders The Fear and Anxiety Response Patterns – Anxiety Disorders – Phobic Disorders	11	
October	Obsessive – Compulsive Disorders – Treatment and Outcomes. Unit – IV – Somatoform and Dissociative Disorders Somatoform Disorder, Hypochondriasis, Conversion Disorder – Dissociative	11	
November	Disorder. Casual Factors in Somatoform and Dissociative Disorder. Treatment and Outcomes.	03	
	Total period - 45		

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Teaching Plan:- 2023-2024

Class: - B.A.T.Y.(Paper XIV-Counseling Techniques) Semi-VI

Months	Topic / chapters	Periods	Remark
December	UNIT- I- Mood Disorders Unipolar Mood Disorders – Normal Depression-Mild, Moderate, Major Depressive Disorder-Bipolar Disorder –	11	
January	Schizoaffective Disorder- Causal Factors in Mood Disorders- Treatment and outcomes. UNIT -II- Personality Disorders Clinical Features of Personality Disorders- Causal Factors in Personality Disorders – Treatment and outcomes – Antisocial personality and Psychology – Causal Factors and Treatment –	11	
February	UNIT -III - Schizophrenias and Delusional Disorders The Schizophrenias, the clinical picture in schizophrenia – subtypes of Schizophrenia – Causal Factors and Treatment Delusional (paranol) Disorder – The Clinical picture and Causal factors in Delusional Disorder – Treatment and outcomes	11	
March	UNIT-IV- Mental Retardation Level of mental Retardation – Brain Defects in Mental Retardation – organic Retardation syndron Cultural – Familial Mental Retardation – Treatment, outcome and prevention.	10	
April	Mental Retardation – Treatment, outcome and prevention. Total period - 45	02	

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